

Diagnostics

Diagnostics by manual medicine and osteopathy, fluoroscopic guided infiltrations, ultrasound, psychological diagnostics, interdisciplinary evaluation of chronic pain syndromes

Physiotherapy

Manual therapy, soft-tissue-techniques, osteopathy, neural mobilization, segmental stabilization techniques

Therapeutic exercises

Sports rehabilitation, work-hardening, individual exercise planning and guidance

Psychology

Symptom-oriented behavioral therapy, relaxation techniques, coping strategies, stress management

Integrative therapies

Heat, cold, massage, electrotherapy, acupuncture, cupping, leech

Contact

Spine Center and Center for Integrative Pain Management
Dr. med. Michael Marks
 Greverer Straße 182 · 48159 Münster

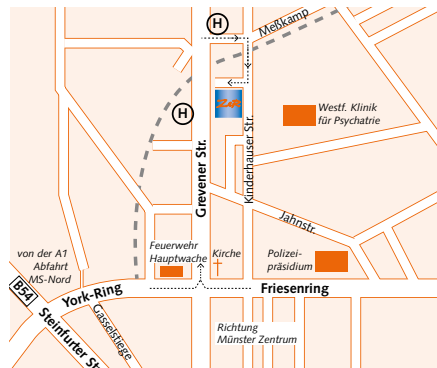


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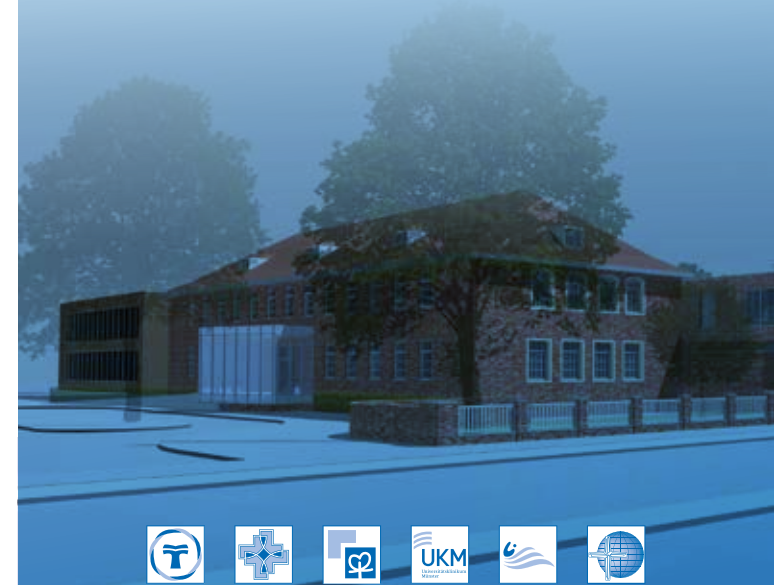
Map of the area



- from Greverer Straße to Meßkamp
- After about 80 m turn right into the Kinderhauser Straße
- The building of the ZaR is located on the right side, Parking at the house
- Bus routes 6 and 15 stop Meßkamp

ZaR_IN_27
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- Diagnostics
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- Therapeutic exercises
- Psychology
- Integrative therapies



Welcome

Sometimes it is not easy, to find a specialist for a certain disease. It is of course even more difficult, when you are abroad. This applies especially to back pain.

Sudden back-pain raises a number of questions:

- Does it have severe reasons?
- Do I need diagnostics?
- Do I have to worry?
- Or is it just a dysfunctional joint, that only needs a short manipulation?
- And who can I turn to?

Questions like these can be disturbing, alone in a hotel room, away from home.

Should you happen to have a problem with your back while in Münster or the surrounding area, there is a possibility to find answers to your questions.

Welcome to the «Center for out-patient rehabilitation» («Zentrum für ambulante Rehabilitation» – ZaR) in Münster and its department for the conservative treatment of spinal disorders and back and neck pain.

Welcome to the «Spine Center And Center for Integrative Pain Management ZaR» in Münster.

The ZaR

The “ZaR” was established in 1997 as a joint-venture of all Münster hospitals and has become a top address for rehabilitation following operations as well as for the conservative treatment of chronic problems of the musculoskeletal system. Patients with orthopedic, neurologic, cardiologic and oncologic problems are accompanied on their way to functional restoration.

The rehabilitation facilities cover three buildings and occupy 114.000 sq.ft. of well designed space near the former 'Germania'-Brewery. The main building – now a listed building – is the former Officer's mess of the british troops and famous for the «Ballroom», which has been preserved in its original condition.

Equipped with the complete range of state-of-the-art devices the entire rehabilitation process is based on the most advanced clinical concepts.



The team

The highly qualified team consists of more than 70 members of staff from different fields, vastly experienced in the diagnostics and conservative treatment of all acute and chronic problems of the musculoskeletal system.

Terms of payment

cash (Euro)



MasterCard



VISA



American Express

